

# Erme Valley RDA

Offering opportunity by opening doors



## November 2022

### **Fundraising**

Congratulations to Jenny Loomes on her success in the London Marathon, raising £1000 much appreciated by all of us.

### **Virtual championships 2022**

Well done to all those that took part in the virtual championships in the Dressage. We receive some very good scores overall and lots and lots of prizes a really good effort. Particular well done to Janice who won her section and also to Ebony the pony who was chosen as horse of the day on Sunday. She received a lovely saddle pad and head colour from Black Heart Equestrian.

A big well done to Peggy!! Who has achieved her Princess Royal Coaching Academy, advanced coach. After lots and lots of hard work, ten training days round the country as far as Pennywells in Sussex and an in depth assessment. Peggy was part of the first cohort to take part in the programme.

The South West training day that was held at The Brook during half term was a great success. 25 people attended and there was talks from Mandy Frost and Nikki Fuller on coach resilience, David Gabriel the Vet on 'fit for purpose', Sue Blackburn an introduction to Equine facilitated learning and Peggy, a talk on social licensing. Hopefully everybody that attended had a great day and we look forward to the next one. The next training date to be held is on the 22nd of November - Safeguarding. This is accredited for anybody involved in Equestrianism. Please put your name down in the office.

The Halloween fundraiser was lots of fun and well attended by lots of people from outside of RDA. There were lots of different activities, a pumpkin hunt and the bouncy castle and Mechanical Horse proving a firm favourite. The end fundraising result is over £1000! This money will now go towards repairing and replacing the tarmac outside the front gate which as we all know is much needed and also some of the local groups that use our school are going to help with some funds.

The Christmas fundraiser for all participants to take part in, will be happening on Sunday 18th of December. We encourage you to choose your own challenge for this event and there will be sponsorship forms given to you, a minimum sponsorship is £20. This is an annual event and goes towards covering the costs of each ride which is heavily subsidised by the charity. Every rider that rides with us is encouraged to take part.

## **General reminders**

There will be a fire alarm practice at some point over the coming weeks make sure that you're familiar with the fire drill regulations at the centre. Thank you so much to all those that have done their DBS and green cards over the last month there are still a few to do, please make sure that you come and see Sophie or Peggy or Jayne in the office thank you.

Please make sure that you don't leave any lights on and don't turn on any heaters in any of the rooms without speaking to Peggy.

## **Creative Writing Competition**

The RDA Creative Writing Competition is now in its **seventh** year and as in previous years, we are offering three classes of poem, letter or short story and the theme for each class is simply 'RDA.' Your entry could be a story about an exciting experience you've had whilst at your RDA Group, or a poem about your favourite horse or pony. The focus should be on your thoughts, imagination and the content – we don't mind at all how you present your work. We just want you to be able express yourself in a way that is accessible to you. The entry form should be attached below. Please speak too Sophie if you would like to take part.

Dates:

19th Nov - NO RIDING

22nd Nov - Safegurading training day

3rd Dec - no riding

5th Dec - no sessions work exp only

12th Dec 6pm- Happy hoof Xmas film night

16th Dec - Xmas lunch 12pm ( book in at the office)

Saturday 17th Dec - last sessions before Xmas

18th Dec - sponsored event

4th Jan - first session back

**Items always needed:**

Toilet rolls

Cleaning stuff

Sponges

Hot chocolate

felt tips

scissors



## Creative Writing Competition 2023

### Entry Form

Please complete clearly in **BLOCK CAPITALS**, or tick the appropriate box.  
Completed forms, along with competition entries, will need to be sent to  
Helen Hart at RDA National Office by **Friday 3<sup>rd</sup> March 2023**

**ENTRY IS COMPLETELY FREE OF CHARGE**

|                  |  |                   |  |
|------------------|--|-------------------|--|
| <b>RDA Group</b> |  | <b>RDA Region</b> |  |
|------------------|--|-------------------|--|

#### Correspondent Details

|                  |              |                 |                |
|------------------|--------------|-----------------|----------------|
|                  | <b>Title</b> | <b>Forename</b> | <b>Surname</b> |
| <b>Name</b>      |              |                 |                |
| <b>Address</b>   |              |                 |                |
|                  |              |                 |                |
| <b>Postcode</b>  |              | <b>Email</b>    |                |
| <b>Telephone</b> |              | <b>Mobile</b>   |                |

|                      |                   |                |  |
|----------------------|-------------------|----------------|--|
| <b>Entry Title</b>   |                   |                |  |
| <b>Writer's Name</b> | <b>Forename/s</b> | <b>Surname</b> |  |
|                      |                   |                |  |

#### Category Details (please tick one only)

|                |   |                               |
|----------------|---|-------------------------------|
| <b>CLASS 1</b> | An RDA Poem – maximum 350 words, must have an RDA theme       | ✓<br><input type="checkbox"/> |
| <b>CLASS 2</b> | A Letter – maximum 500 words, must have an RDA theme          | <input type="checkbox"/>      |
| <b>CLASS 3</b> | A Short RDA Story - maximum 500 words, must have an RDA theme | <input type="checkbox"/>      |

We would like to use any entries received for promotion and publicity for the next 12 months on our website, in our publications and on social media which will be in the public domain. This can include the writer's name, the writer's group name and the contents of your entry.

If you, or your parent, guardian or carer (if under 18 or relevant) are happy for us to do this, please tick this box clearly.

#### Instructions

Please send all entries (only one entry per participant, per class please) with a **fully-completed entry form for each entry** to Helen Hart at RDA National Office, Lowlands Equestrian Centre, Old Warwick Road, Shrewley, Warwickshire CV35 7AX (or email the completed entry form and the competition entry itself to [hhart@rda.org.uk](mailto:hhart@rda.org.uk)) by the closing date of **FRIDAY 3<sup>rd</sup> MARCH 2023**. There will be no regional judging.

Please ensure that you keep your own copies of each entry safely, as we will be unable to return any entries sent into National Office. RDA National Office cannot be held responsible for any entries not received in time, lost, or damaged. All entries are sent entirely at the entrants' own risk. **Late entries cannot be accepted.**

**DATA PROTECTION/ PRIVACY**

In order to run this competition, we have to process the personal data (correspondent name, contact details, writer's name) you provide to us in this application form and in your entry (any personal data included as part of the entry). We have a legitimate interest in doing so. If you do not provide this personal data we cannot contact you about your entry or identify you if you have won a prize. Any personal data you have provided will only be used in correspondence directly related to this competition and will be retained for a maximum of 12 months for promotion and publicity purposes if you have given us permission to do so by opting in on the application form. After this 12-month period this information will be deleted. We will not share your personal data with anyone outside RDA including any external judges of this competition.